



February is PSYCHOLOGY MONTH

"Psychology is for Everyone"

2012 PSYCHOLOGY MONTH ACTIVITIES

February 3

Challenging Students
for Challenged

Teachers

*Dr. Gary Shady & Mr. Gary
Borger*

John W. Gunn School
FOR STAFF ONLY

February 3

Interdisciplinary
Colloquium

Various speakers

P412 Duff Roblin Bldg.
U of M, Ft Garry Campus
3:00 – 7:00PM

OPEN TO THE PUBLIC

February 6

Psychology Outreach
Day at the WISH Clinic

*Dr. Maxine Holmqvist, C.
Tysiaczny, R. Westmacott,
and C. Pansera*

Mt. Carmel Clinic
1:30 – 4:30PM

OPEN TO THE PUBLIC

February 7

How Your Mind Affects
Your Heart and What
You Can Do About It!

Dr. George Kaoukis

Reh-Fit Centre
7:00 – 8:30PM

OPEN TO THE PUBLIC

February 9 & 10

Practical Applications
of CBT to PTSD: It is
not in the book

Dr. Vivienne C. Rowan

Univ. of Northern B.C.

INVITED GUESTS ONLY

February 15

Getting Your Child to
Go to Sleep and Stay
Asleep

Dr. Kirsten Wirth

St. Amant, 440 River Road
7:30 – 8:30PM

OPEN TO THE PUBLIC

February 16

Using Psychological
Services

Dr. Gail Robertson

Probation Services

FOR STAFF ONLY

February 17

Professional Psychology:
Supply, Demand, & Need

Dr. Karen Cohen

PX236, PsychHealth, HSC
3:00 – 4:30 PM

OPEN TO THE PUBLIC

February 22

Strategies for Helping
Residents with Anger
Management Problems

Dr. Colleen Millikin

Parkview Place PCH

FOR STAFF ONLY

February 22 & 23

Psychology Booth at
U of M Info Days

2nd Floor, University Centre
U of M, Ft. Garry Campus
9:00 AM – 2:00PM

**PUBLIC: INTENDED FOR
HIGH SCHOOL STUDENTS**

February 23

What is Psychology?

Dr. Andrea Piotrowski

Garden City Collegiate

INVITED STUDENTS ONLY

Psychology as a
Profession

Dr. Pamela L. Holens

Dakota Collegiate

INVITED STUDENTS ONLY

February 24

Career opportunities in
the helping professions:
One Psychologist's
Journey

Dr. Jason Ediger

River East Collegiate

INVITED STUDENTS ONLY

February 24

Psychological and
Spiritual Development:
Are They Actually
Different Processes?

Dr. Douglas Tataryn

Hollow Reed Holistic Centre
761 Westminster Ave, Wpg.
7:30 – 9:00PM

OPEN TO THE PUBLIC

February 28

Exercise and Mental
Health: Insights from
Social Psychology

Dr. Dan Bailis

Wellness Institute, Rm. 3
Seven Oaks Hospital
11:00AM – 12:00PM

**OPEN TO THE PUBLIC
limited space – call 831-3458
to pre-register**

Using Your Brain to Help
Your Pain

Dr. Aynsley Verbeke

Wellness Institute, Rm. 3
Seven Oaks Hospital
1:00PM – 2:30PM

**OPEN TO THE PUBLIC
limited space – call 831-3458
to pre-register**

February 28

Concussions and the
Need for Baseline
Neuropsychological
Assessments in Young
Athletes

Dr. Leslie Ritchie

Dr. Andrea Kilgour

Sport for Life Centre,
145 Pacific Avenue
6:30PM- 8:00PM

OPEN TO THE PUBLIC

February 29

If Change is Good For
Us, Why is it So Hard?

Dr. Becki L. Cornock

BRHA Services Building
FOR BRHA STAFF ONLY

February 29

Women and Money: It's
Complicated

Dr. Moira Somers

Rady JCC, 123 Doncaster
7:30 – 9:00PM

**OPEN TO THE PUBLIC:
WOMEN ONLY**

Art as Therapy: Why
Non-Verbal Expression
Can Be Healing!

Dr. Douglas Tataryn

Frame, 318 Ross Ave
7:30 – 9:00PM

OPEN TO THE PUBLIC

March 2

Vineberg Award Talk

*Ms. Natalie Mota, Ph.D.
Candidate*

3:00 – 4:30PM followed by

Researchpalooza

U of M Psychology Dept.

P412 Duff Roblin Building,
Fort Garry Campus,
University of Manitoba

OPEN TO THE PUBLIC

March 5

Fibromyalgia and the
Family

Dr. Matthew Bailly

Fibromyalgia Support Grp
825 Sherbrook Street
7:00PM

**OPEN TO THE PUBLIC
(\$3 fee for non-members)**

March 6

Positive Approaches to
Behaviour Change:
Strategies for
Nonpharmacological
Intervention

*Dr. Colleen Millikin & Dr.
Lesley Koven*

Canad Inns Polo Park
1:15PM – 2:30PM

**OPEN TO REGISTRARS OF
ALZHEIMER SOCIETY CONF.**

Throughout February 2012,
look for Posters about "PSYCHOLOGY MONTH"
in all Winnipeg Public Libraries and
Organizations in which Psychologists
currently work!

*For the full schedule please see
the calendar on the MPS website:
www.mps.ca*

