

Survey to evaluate a decision aid concerning treatments of depression

Members of the public often face decisions about treatments of depression with limited information about their treatment options. Making decisions can be challenging because there is a range of treatments available. Each treatment option has pros and cons. Our research team at the University of Manitoba has been developing a decision aid for young adults concerning treatment of depression. This decision aid would also be suitable for other adult populations. It includes practical information about the cost and characteristics of psychological and medication treatments for example. Your opinion as a health professional (or a professional in training) is very valuable to us in evaluating and improving this decision aid. People who complete the 50 to 60 minute survey will be able to download or print a full copy of the information aid for their personal use. They will also receive a gift card for \$25 in recognition of the time required to complete the survey. If you are interested please copy and paste the link below into your browser to review the consent form and learn more about the survey. (It will not work by just clicking on the link.) <http://depression.1.sgizmo.com/s3/>

Thank you for your consideration. John R. Walker, Ph.D., Professor, Department of Clinical Health Psychology